

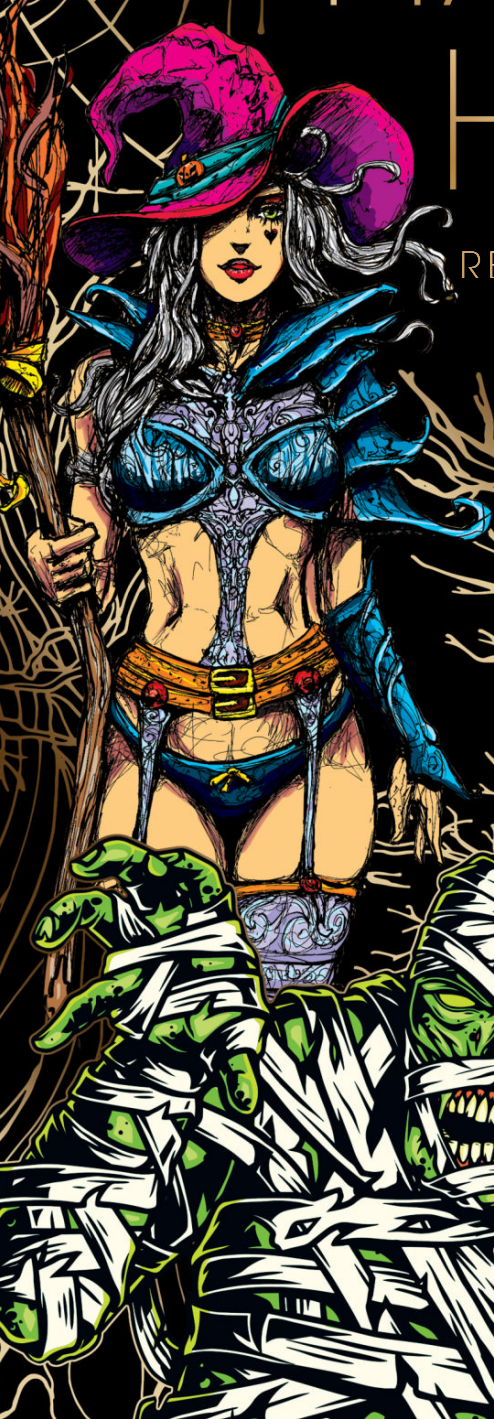


THE **HARMONY**
OF **COLOUR** SERIES



HAUNTED HOUSE

RELAX AND UNWIND WITH
ADULT COLOURING



BOOK EIGHTY THREE
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THE **HARMONY**
OF **COLOUR** SERIES

HAUNTED HOUSE

Stressed out at work? Are the pressures of the world getting you down? We guarantee relaxation with these complex Zen and anti-stress colouring pages for adults.

Harmony of Colour: Haunted House offers detailed images and patterns that are chosen by experts for their soothing properties.

Be aware of the overall harmony of your colouring rather than focusing on each element individually. Try to balance the colours so that they are a reflection of your emotions of the moment. If the colours of your page are in harmony, then your mind will follow!

Now... grab your pencils or textas and de-stress...



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All images: Shutterstock



“You never know what’s
around the corner unless
you peek. Hold someone’s
hand while you do it. You
will feel less scared.”

— Amy Poehler —



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“It’s easier to scare
someone than to
persuade him.”

— Edwin Feulner —



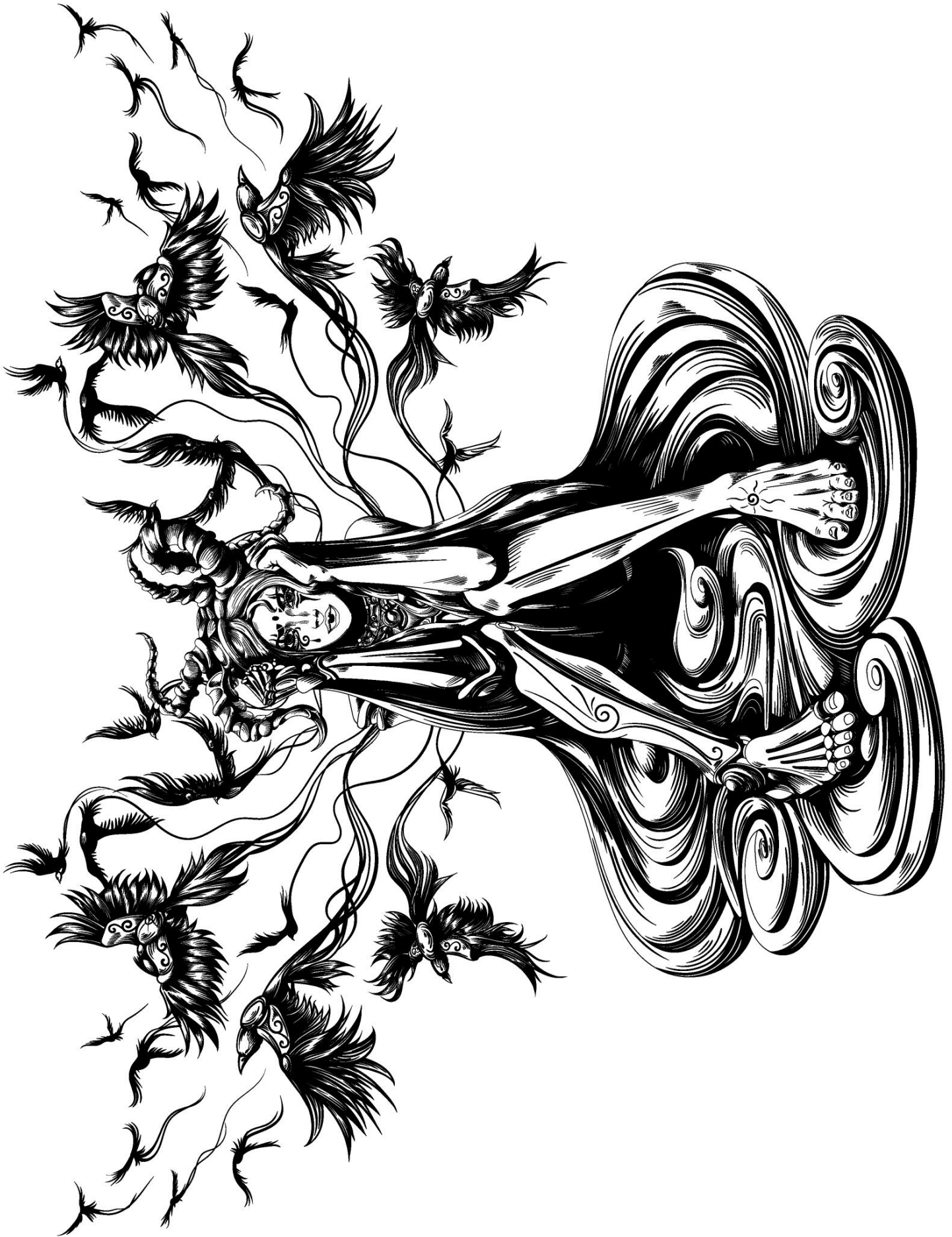
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“A good scare is worth
more than good advice.”

— Horace —



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“Everything that scares
you is an opportunity to
know your best self better.”

— Robin Sharma —



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“When we face our
fears, we can find
our freedom.”

— Joyce Meyer —



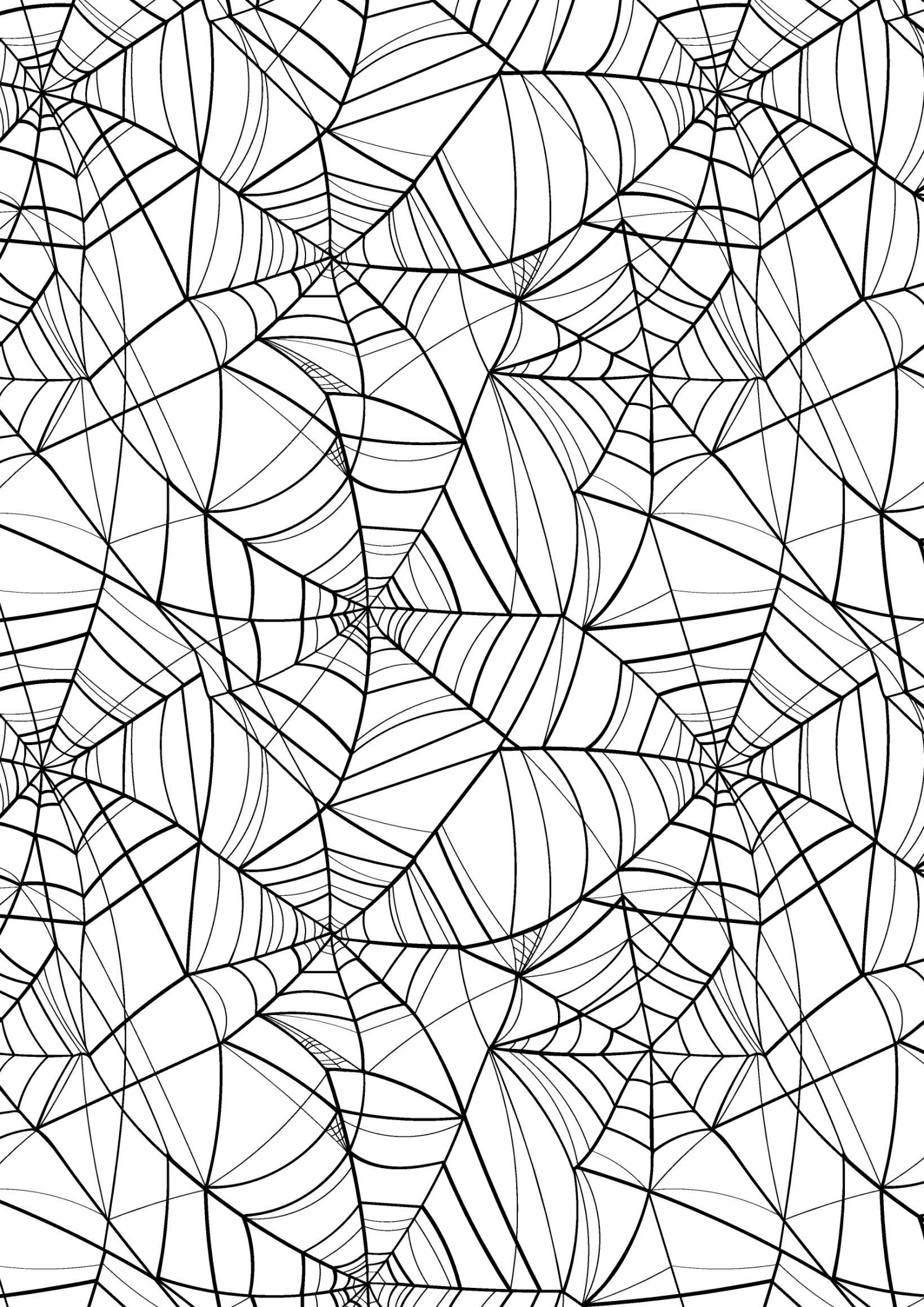
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“Do one thing
every day that
scares you.”

— Eleanor Roosevelt —



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“Courage is being
scared to death... and
saddling up anyway.”

— John Wayne —



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“Sometimes if something scares me, I lean right into it. I’m not a brave person — I’m more of a fearless idiot.”

— Nia Vardalos —



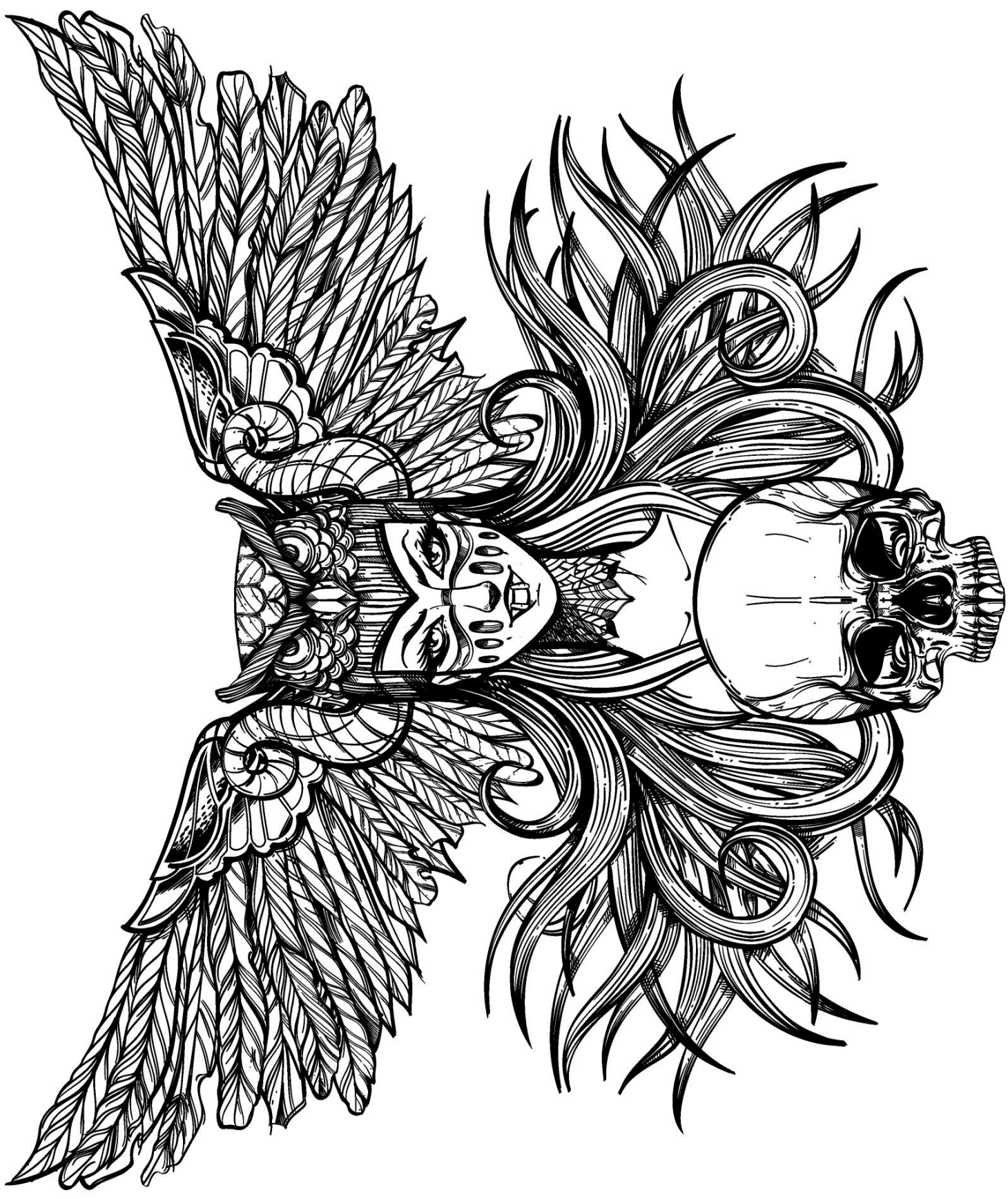
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“I would rather try to persuade a man to go along, because once I have persuaded him, he will stick. If I scare him, he will stay just as long as he is scared, and then he is gone.”

— Dwight D. Eisenhower —



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“The basis of
optimism is
sheer terror.”

— Oscar Wilde —



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“Only the unknown
frightens men. But once
a man has faced the
unknown, that terror
becomes the known.”

— Antoine de Saint-Exupery —



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“Action cures fear,
inaction creates terror.”

— Douglas Horton —



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“Terror itself, when
once grown
transcendental,
becomes a kind of
courage; as frost
sufficiently intense,
according to the poet
Milton, will burn.”

— Thomas Carlyle —



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“When a person screams
in pain, the actual pain
is only half the noise they
make. The other half is the
terror at being forced to
accept that they exist.”

— Noah Cicero —



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“Fear is the most easily
taught of all lessons,
and the fight against
terror, real or imagined,
is perhaps the history of
man’s mind.”

— Marjorie Kinnan Rawlings —



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“Leaving behind nights
of terror and fear, I rise.
Into a daybreak that’s
wondrously clear, I rise.”

— Maya Angelou —



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“The risk of a wrong
decision is preferable to
the terror of indecision.”

— Maimonides —



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“Even the bravest men are
frightened by sudden terrors.”

— Tacitus —



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“The encouraging thing is that every time you meet a situation, though you may think at the time it is an impossibility and you go through the tortures of the damned, once you have met it and lived through it you find that forever after you are freer than you ever were before.”

— Eleanor Roosevelt —



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“To provoke dreams of terror in
the slumber of prosperity has
become the moral duty
of literature.”

— Ernst Otto Fischer —



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“When the imagination is continually led to the brink of vice by a system of terror and denunciations, people fling themselves over the precipice from the mere dread of falling.”

— William Hazlitt —



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“Laughter is equally the expression of extreme anguish and horror as of joy: as there are tears of sorrow and tears of joy, so is there a laugh of terror and a laugh of merriment.”

— Samuel Taylor Coleridge —



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“The direst foe of courage is the fear itself, not the object of it; and the man who can overcome his own terror is a hero and more.”

— George MacDonald —



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“Terror often arises from
a pervasive sense of
disestablishment;
that things are in
the unmaking.”

— Stephen King —



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“The walls of the closet
are guarded by the
dogs of terror, and the
inside of the closet is a
house of mirrors.”

— Judy Grahn —



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“A glimpse into the world
proves that horror is nothing
other than reality.”

— Alfred Hitchcock —



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“I have almost forgotten the
taste of fears: The time has
been, my senses would have
cool'd to hear a night-shriek;
and my fell of hair would at a
dismal treatise rouse and stir as
life were in't: I have supt full with
horrors; direness, familiar to
my slaughterous thoughts,
cannot once start me.”

— William Shakespeare —



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“The first horror is there’s
horror. The second is
you accommodate it.”

— Glen Duncan —



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“You gain strength, courage,
and confidence by every
experience in which you
really stop to look fear in the
face. You are able to say to
yourself, ‘I lived through this
horror. I can take the next
thing that comes along.’”

— Eleanor Roosevelt —



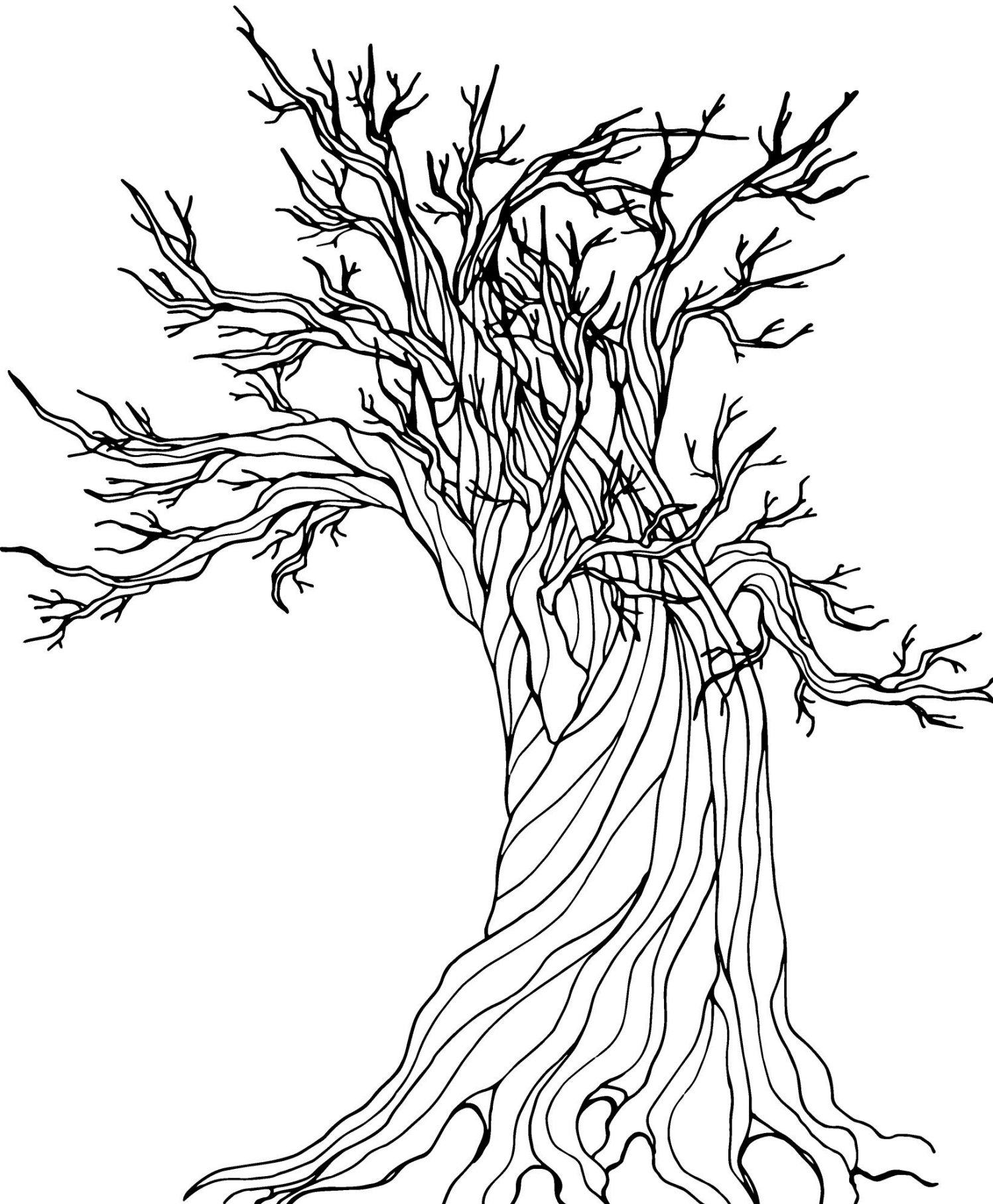
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“Just as an octopus may have his den in some ocean cave, and come floating out a silent image of horror to attack a swimmer, so I picture such a spirit lurking in the dark of the house which he curses by his presence, and ready to float out upon all whom he can injure.”

— Arthur Conan Doyle —



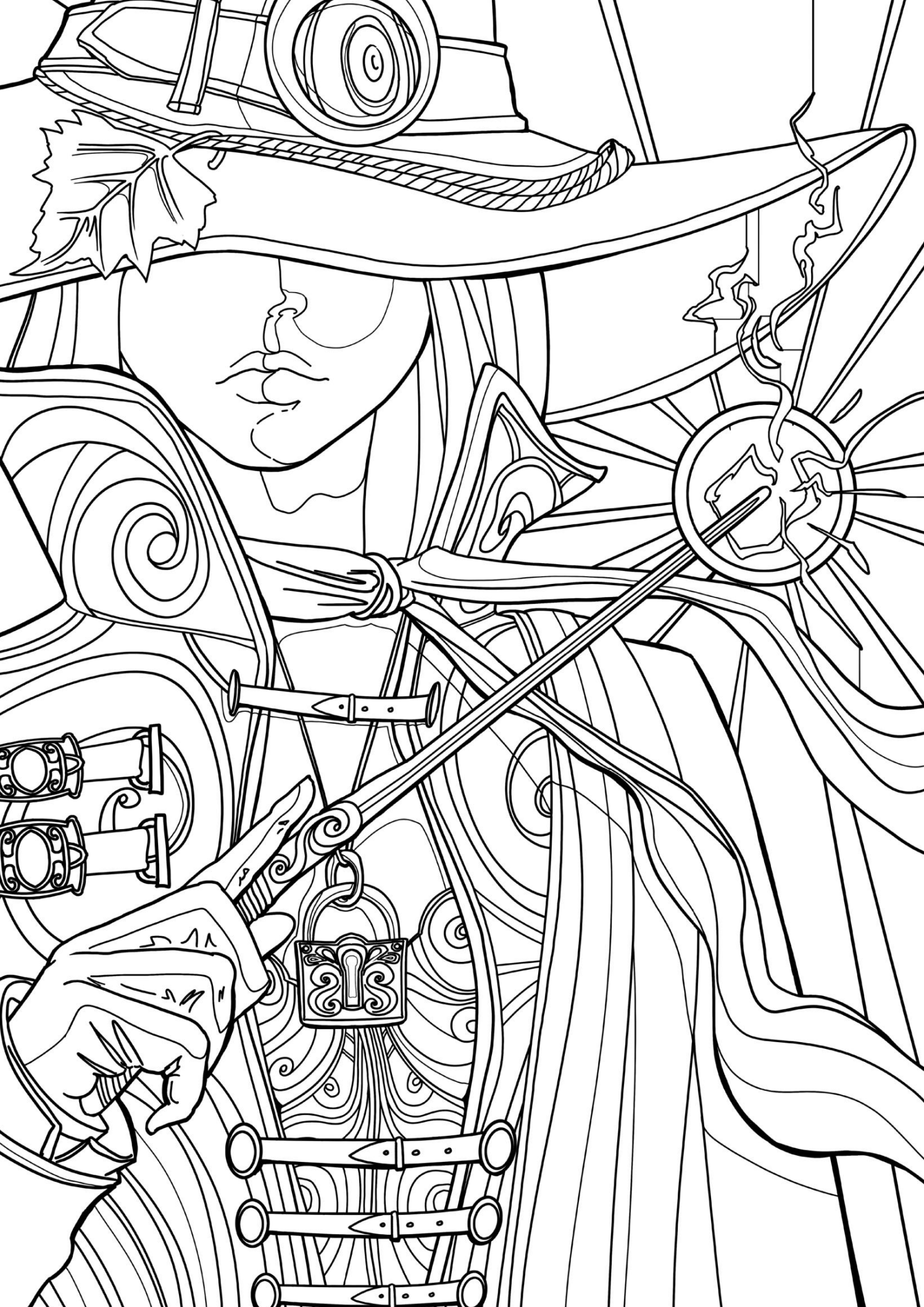
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“At the heart of any terror
is the fear of losing what
we find meaningful.”

— Mark Z. Danielewski —



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“I know that we often
tremble at an empty
terror; yet the false fancy
brings a real misery.”

— Friedrich Schiller —



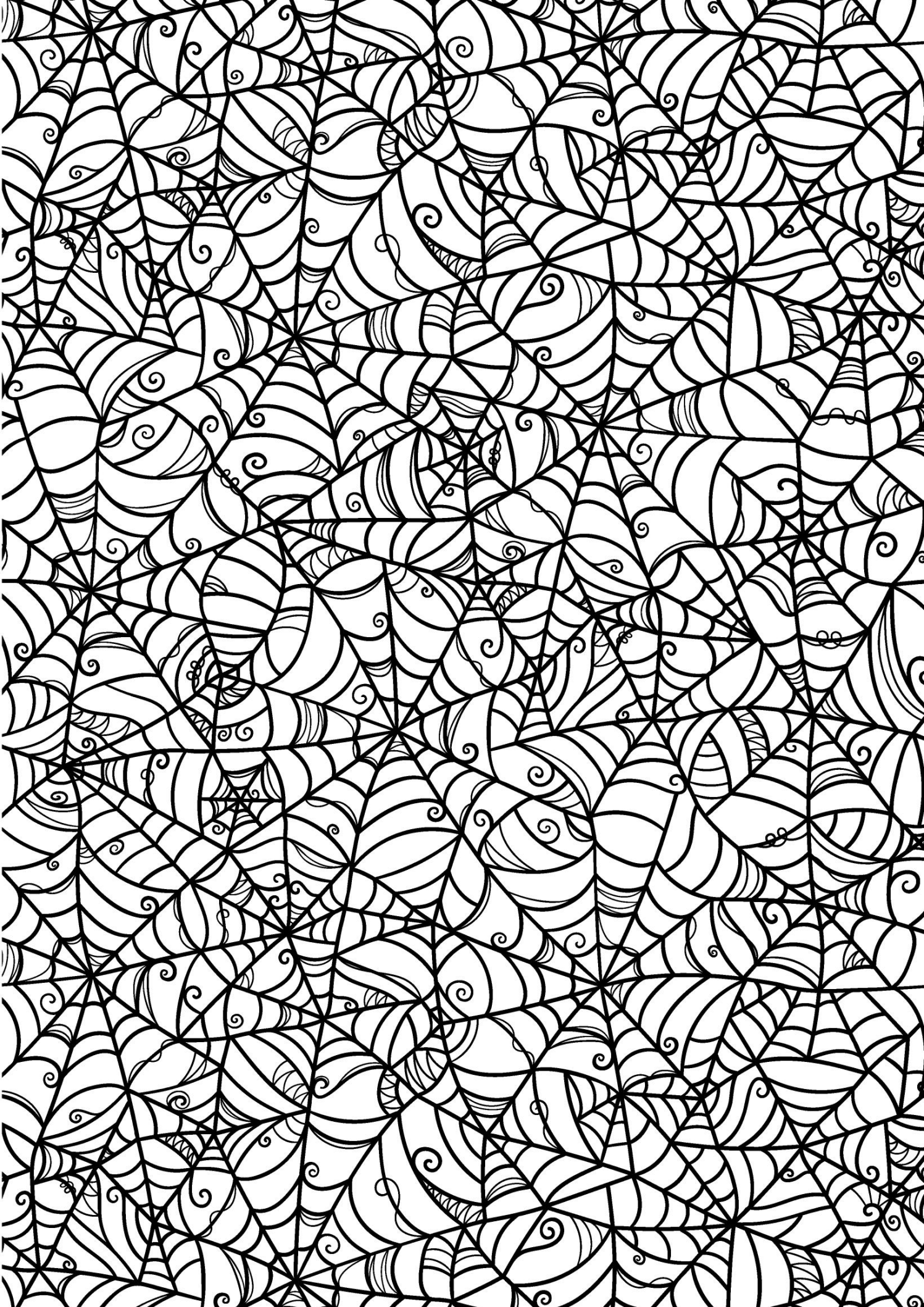
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“Terror made me cruel.”

— Emily Bronte —



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“Some people ask why people would go into a dark room to be scared. I say they are already scared, and they need to have that fear manipulated and massaged. I think of horror movies as the disturbed dreams of a society.”

— Wes Craven —



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“Monsters are real, and
ghosts are real too.
They live inside us, and
sometimes, they win.”

— Stephen King —



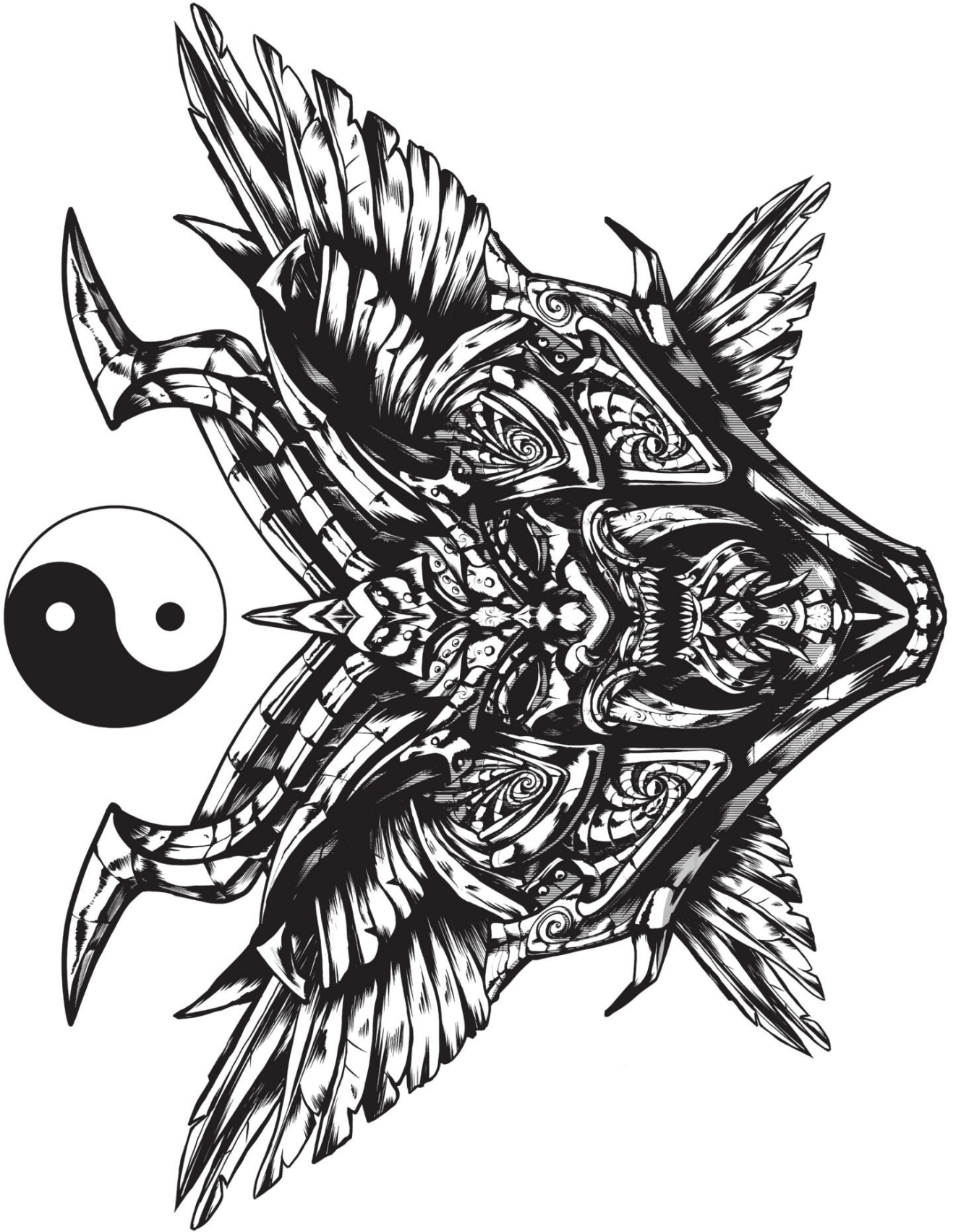
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“The ignorant frighten children with ghosts, and the better educated assure them there is no such thing. Our understanding may believe the latter, but our instincts believe the former; so that, out of this education, we retain the terror, and just believe enough to make it very troublesome whenever we are placed in circumstances that awaken it.”

— Catherine Crowe —



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